

"You must be the change you wish to see in this world." - Mahatma Gandhi

YOU ARE INVITED: Monday, January 30, 2023 5-6pm The Season for Nonviolence Parklet – Cypress Ave & 20<sup>th</sup> Street

The public is welcome to participate in a small ceremony called The Art of Humanity Event on Monday, January 30<sup>th</sup> at 5pm to celebrate the opening of The Season for Nonviolence. All people are welcome to attend the dedication of a new planter bench in the Season for Nonviolence Parklet at the corner of 20<sup>th</sup> St and Cypress Avenue. Local students will read speeches and share hand painted kindness rocks to spread the message of mental well-being and nonviolence. Volunteers will conduct a ceremonial planting in the new wooden bench built by local Virginia Beach vocational technology students in honor of those who have lost their lives to violence in the past year. Free resources will be handed out regarding mental health awareness and Season For Nonviolence readings, music and activities. This event is free and open to the public.











Virginia Beach Season For Non-Violence Collective