

Children's Challenging Behaviors

A FREE class for parents of children (ages 16 and under) with mental health needs



Saturday, February 26th 2022

10:00 a.m. - 4:00 p.m.

Lafayette Conference Room

at Sentara Leigh Hospital

830 Kempsville Rd, Norfolk VA.

This class is led by trained parents who provide first-hand experience and knowledge.

You will learn:

- Typical vs challenging behaviors and how to respond
- Who to call for help
- Available community resources
- Educational supports
- Parenting strategies & more!



Class is FREE but registration is required

To register, scan the QR code or go to
<https://forms.gle/t4LxdTUpeepo4GFD6>

For more information, visit our website at
www.namicoastalvirginia.org or call us at (757) 499-2041

